

INSPIRATIONAL FREEDOM QUOTES

Today I receive and share the gift of freedom. CHRIST WITH IN ME HAS SET ME FREE.

The reality of my freedom through the indwelling of Christ is attained when I savor it moment by moment. I rejoice in the triumphant feeling that results from my knowing that, at this very moment, the power of Christ within sets me free from thoughts of weakness, anxiety, or fear. The freedom in each moment builds until I find freedom in all the moments of the day, all the days of my life. Right now I am free from any unwanted, self-limiting habit. I do not challenge my freedom by thinking of my behavior or beliefs in the past or my possible actions and attitudes in the future. Each moment of my life is a starting point of new freedom. I do not condemn myself or others for perceived mistakes. I know that each person can proclaim his or her freedom from any negativity and claim the freedom to live a fulfilling, triumphant life.

The law of the Spirit of life in Christ Jesus has set me free from the law of sin and death. Rom. 8: 2

"You only have power over people so long as you don't take everything away from them. But when you have robbed a man of everything he's no longer in your power- he's free again." Alexander Solzhenitsyn

I AM FREE; PRAISE GOD, I AM FREE!

Right this moment, I allow the realization of my true identity as a free child of God to infiltrate my entire being. I know that to fully and completely realize this truth will transform me and everything in my life with newness. I am free! I am not bound by any limiting thought or attitude. I have the innate power to do and to be what i truly desire. I am not restricted or restrained by another's views or perceptions. I am in control of myself. I am not confined. I chart my own course.

✓ "The function of freedom is to free somebody else." Toni Morrison (1931-)

✓ As for you, my brothers, you were called to be free. But do not let this freedom become an excuse for letting your physical desires control you. Instead, let love make you serve one another. For the whole Law is summed up in one commandment: "Love your neighbor as you love yourself." But if you act like wild animals, hurting and harming each other, then watch out, or you will completely destroy one another. Gal. 5:13-15

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✓ Liberty is always unfinished business. Those who give up essential liberty to purchase a little temporary safety deserve neither liberty nor safety. -Benjamin Franklin

If a nation values anything more than freedom, it will lose its freedom and the irony of it is that if it is comfort or money that it values more. it will lose that, too.

✓ Our reliance is in the love of liberty which God has planted in our bosoms. Our defense is in the preservation of that spirit, which prizes liberty as the heritage of all men in all lands everywhere. Destroy this spirit and you have planted the seeds of despotism around Your own doors. Familiarize yourselves with the chains of bondage and you are preparing your own limbs to wear them. -Abraham Lincoln

Freedom comes from human beings, rather than from laws and institutions. -Clarence Darrow

✓ To enjoy freedom we have to control ourselves. -Virginia Woolf

- ✓ One asks "will happen to me?" Another asks, "what is right?" and this is the difference between the slave & the free man. -Dietrich Bonhoeffer
- ✓ When people are free to do as they please, they usually imitate each other.
- ✓ There are two freedoms The false, where we are free to do what we like; and the true, where we are free to do what we ought. -Charles Kingsley

the 5 freedoms

1. The freedom to see and hear (perceive) what is here & now, rather than what was, will be or should be.
2. The freedom to think what one thinks, rather than what one should think.
3. The freedom to feel what one feels, rather than what one should feel.
4. The freedom to want (desire) and to choose what one wants, rather than what one should want.
5. And the freedom to imagine one's own self-actualization, rather than playing a rigid role or always playing it safe.

- ✓ Freedom's just another word for nothing else to lose. Kris Kristofferson

If you remain in my word, you will truly be my disciples, and you will know the truth, and the truth will set you free. John 8:32

- ✓ Freedom is the respect God has for us. -Leon Bloy

Every society honors its live conformists & its dead troublemakers. - Mignon McLaughlin

I AM FREE!

Can you speak the above affirmation, knowing with all your being that it is true? Speak it now, softly and to yourself, letting its meaning unfold throughout your being. Speak it again, this time with conviction and authority, as though you were affirming an undisputed fact. And then speak it once more, with all the exuberance that comes from knowing that you are a freeborn child of God, endowed with unlimited spiritual power. The above exercise is more than a mere repetition of words; it is a tool by which you firmly establish the realization of freedom in your mind and heart and life. You can use this tool over and over throughout the day. At any time you feel limited by circumstances, tied to some habit, or bound to some unproductive path, you can turn within to God and affirm your inherent freedom. Using this spiritual tool, you shall find it easier to claim your freedom over all.

- ✓ Freedom is nothing else but a chance to be better. -Albert Camus

There is no conflict between liberty and safety. We will have both or neither. -Ramsey Clark

Liberty is being free from the things we don't like in order to be slaves of the things we do like. -E.Benn

- ✓ Man had achieved freedom from without yet having achieved freedom to -to be himself, to be productive, to be fully awake. -Erich Fromm

The history of liberty has largely been the history of the observance of procedural safeguards. -Justice Felix Frankfurter

- ✓ Men rattle their chains to show that they are free.

- ✓ Those who deny freedom to others deserve it not for themselves; and under a just God, cannot long retain it. -Abraham Lincoln

We who lived in concentration camps can remember the men who walked through the huts comforting others, giving away their last piece of bread. They may have been few in number, but they offer sufficient proof that everything can be taken from a man but one thing: the last of human freedoms – to choose one's attitude in any given set of circumstances, to choose one's own way.

Those who suppress freedom always do so in the name of law & order. John Lindsay

You Are Supposed To Be Free

You are supposed to be free, To love whoever, to be whoever.

But sometimes it doesn't work that way,
Sometimes it's not even close. Too bad.

Because really, you are supposed to be free, and when you're not free, you're not very happy.

The dentist told me I should brush my teeth. But I'm free. I don't gotta brush my teeth.

Then you'll get cavities, and toothaches, and false teeth. And when you get a toothache, you're not free to do what you want. Because it hurts like hell, And when you have false teeth, you're not free to eat what you want. They fall Out. Now, if you had brushed your teeth ...

But that means I'm only free when I've done the things I'm supposed to do.

Well what kind of freedom is that? The only kind.

✓ The facts are, freedom and responsibility are inseparable, If you want to be free to find yourself, the truth, etc., then you have to accept responsibility. Like brushing Your teeth. Like caring about other people. Like giving.

You are supposed to be free,
To love whoever, to be whoever.
Some people aren't very free at all,
They choose not to be,
They cop out. On responsibility. On themselves

Too bad. Really, Too bad.

James Brown

✓ The purpose of freedom is to create it for others. -Bernard Malamud

✓ Liberty is the one thing you can't have unless you give it to others. -William Allen White

✓ Those who expect to reap the blessings of freedom must undergo the fatigue of supporting it. -T. Paine

✦ I KNOW THE TRUTH, AND THE TRUTH MAKES ME FREE.

All sorts of ideas or situations can make us feel bound or limited- if we let them. The freeing response to any feeling of bondage or limitation that may arise within us is to know Truth.

Do we feel hindered or restrained by our background, education, or finances? The truth is that we have within us the power and knowledge to do the things we want to do.

Do we feel caught up in some unhappy chain of events that disrupts our peace of mind? The truth is that we are created for happiness and peace, and nothing has power to prevent our expression of these qualities.

Do we feel emotionally or physically unable to release some unproductive or negative habit that we know is less than the best for us? The truth is that we are masters of our own lives, for God has given us the power and strength needed to take control,

✓ "You will know the truth, and the truth will make you free. If the Son sets you free then you will be really free. -John 8:32 & 36

I AM FREE TO BE HAPPY, HEALTHY, AND PROSPEROUS. I AM FREE.

Sometimes in my day-to-day living, I may forget the truth of the above statement.

When I feel myself getting bogged down in a daily routine, I remind myself that God has given me the freedom to choose. I choose to be a happy person, one who others enjoy being around.

When I am happy, I enjoy being me!

I am free to be healthy. I inherit my health from my heavenly Father. "Thank You, God, for this realization."

I am free to be prosperous. I live in a universe of abundance. I am a prosperous human being. As I receive new good in my life, give thanks for what good I have, and share my good with others, I am indeed living a prosperous life.

I am living a happy, healthy, prosperous life. And I am free because I choose to live this way. "Thank You, God, for freedom."

✓ Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom. -II Cor. 3:17

The search for truth begins with a desire, small though it may be, to change, to be set free, to learn to live boldly instead of in fear of being found out.

Human freedom is often crippled when a man falls into extreme poverty, just as it withers when he indulges in too many of life's comforts and imprisons himself in a kind of splendid isolation. Freedom acquires new strength when a man consents to the unavoidable requirements of social life, takes on the manifold demands of human partnership, and commits himself to the service of the human community.
Vatican Council II

Obedience is a deeply ingrained behavior tendency, indeed a potent impulse overriding training in ethics, sympathy, and moral conduct ... For a person to feel responsible for his actions, he must sense that the behavior has flowed from the self. It is easy to ignore responsibility when one is only an intermediate link in a chain of action. -Stanley Milgram

✓ What is freedom? Freedom is the right to choose: the right to create for yourself the alternatives of choice. Without the possibility of choice and the exercise of choice a man is not a man but a member, an instrument, a thing. -Archibald MacLeish

✓ Freedom is the access to Power' -Marcuse

✓ Freedom is the source of all that is best and worst in man

Freedom is subject to limits in order to safeguard the freedom of others.

Freedom increases human dignity when it is based on intelligence and aims at the good of another, and not exclusively of self.

Freedom can be suppressed as effectively by mob rule as by dictatorship.

✓ Freedom is better served by sacrifice than by self-indulgence.

Freedom calls upon those in authority to give the "benefit of the doubt" to those who would exercise it.

Freedom is from God. Its responsible use can exasperate, fatigue or gratify. Whatever the burdens, no one who places value on the human spirit would forego its splendid challenge for a life of undisturbed ease. Richard Armstrong

Freedom is maintained through humility, spiritual obedience and commitment during ones self-pursuit.

I AM FREE WITH THE FREEDOM OF SPIRIT AND I KNOW IT. Sometimes we may feel pressured to take a certain course of action that does not quite feel right to us. Perhaps this pressure is the result of a time element or a personality influence. Our own thoughts and feelings also can cause us feelings of tension and stress. Today, let us refuse to submit to pressure from within or without. Let us know that we are free with the freedom of Spirit.

Spirit cannot be pressured or held fast. Spirit is forever free. As we recognize our innate spiritual nature, we claim our spiritual freedom. We do what needs to be done easily and joyously, with no thought of pressure.

We live and move with the freedom of Spirit. We love with the freedom of Spirit. We feel free and happy, yet we are also stable and secure; we are anchored in the reality of our spiritual nature, which is forever one with God.

If the Son makes you free, you will be free indeed. John 8:36

Freedom is inwardness, spontaneity, the capacity of a man to find within himself the reasons and the motives of his own right decisions and action, apart from external coercion. Freedom therefore is authenticity, truthfulness, fidelity to the pursuit of truth and to the truth when found. In further consequence, freedom is experienced as duty, as responsibility- as a response to the claims of justice, to the demands of rightful law, to the governance and guidance of legitimate authority. In its intimately Christian sense, however, freedom has a higher meaning than all of this. Freedom, in the deepest experience of it, is love. To be free is to be-for-the-others. The Christian call to freedom is inherently a call to community, a summons out of isolation, an invitation to be-with-others, an impulse to service of the others.

200 Years As Average Civilization

What is past is prologue. History repeats itself as time marches on. A study shows that the great civilizations have averaged about 200 years. The people of the world have followed this timetable:

The people go:

From slavery to spiritual faith
From spiritual faith to courage
From courage to liberty
From liberty to abundance
From abundance to selfishness
From selfishness to apathy
From apathy to dependence
From dependence back to slavery.

"We should distinguish between the two kinds of violence. If someone is violent toward those who seek freedom, that's bad. But if those who seek freedom use violence to achieve it, that's good."

-MICHELANGELO

Liberty is the one thing that you cannot have unless you are willing to give it to others.

-W. White

I AM ABSOLUTELY, UNEQUIVOCALLY FREE.

My goal for this day is to realize fully and completely my inherent freedom. I affirm the above truth with conviction and courage. I do not make my freedom conditional. I accept the reality of it and know that it applies to every area of my mind? body, soul, and life. The truth is: I am absolutely, unequivocally free. I can do what I want to do and be what I want to be under divine direction. Nothing and no one can prevent Me from attaining anything that God desires through me.

The truth is: I am an unlimited spiritual being, possessor of unimaginable power and potential. The only thing that can possibly stop me is my own limited vision of myself.

The truth is: I live in a boundless spiritual universe, governed by boundless spiritual law

The Spirit of God within continually affirms me to claim it and to make choices & decisions that confirm my freedom & self- control.

✓ The spirit is the guarantee that we shall receive what God has promised His people, and this assures us that God will give complete freedom to those who are His. Ephesians 1:14